FREESTYLE DAILY



TODAY'S FORECAST Cloudy, 50°F/10°C

SUNRISE 6:42a

ALL ABOARD 2:30p

SUNSET 7:18p

FEEL FREE TO FOLLOW THE SUN INSTEAD OF A SCHEDULE

Welcome aboard Norwegian Escape. Your vacation has finally begun. Whether it's your first time cruising with us or you're a returning guest, get ready for all the freedom and flexibility that Norwegian has to offer. With a variety of dining options, dazzling entertainment and exciting onboard activities, there are plenty of ways to make your vacation your own. Our ships are purpose built for you to explore as we take to the sea and invite you to feel free.

TIP OF THE DAY: Our digital touchscreens make it easy to select your dining and entertainment reservations.



MARCH 31, 2019 New York City, New York

PLAY WHEN YOU WANT

From Broadway shows to dueling pianos, the After Midnight limelight to the Supper Club spotlight, check out our award-winning lineup of shows and show times every day by turning to page two.

DO I NEED RESTAURANT RESERVATIONS?

Although not required, we recommend making reservations for our Main Dining Rooms to ensure you have the dining experience you want at the time you prefer based on availability (particularly if you are with a large party). Here's how:

- , Stop by the Restaurant Reservations Desk (Headliners)
- Use any Digital Touchscreen
- Use iTV from your stateroom
- Call Restaurant Reservations at ext.050

Restaurant Cancellations: To ensure that our guests receive our best service, we can only hold dinner reservations for 15 minutes, otherwise the unclaimed reservation will be released. Dress Code: Resort casual and shorts are allowed in all dining venues except Bayamo & Le Bistro after 5:00p. Shoes and shirt must be worn.

DOWNLOAD THE NEW CRUISE NORWEGIAN APP

Introducing the all-new Cruise Norwegian app. Turn your mobile phone into your personal cruise vacation planner and stay in-the-know of ships' activities while staying connected with other guests on board. Preview and book shore excursions, dining and more.

Download Cruise Norwegian on the Apple App Store and Google Play. For more information visit NCL.com/apps.

TAXES ON FOOD, BEVERAGE AND TOBACCO

While in state territorial waters, within the USA, taxes will apply on all relevant food, beverage and tobacco sales.

FOOD REPUBLIC

Travel somewhere new with every delicious bite at Food Republic. A fusion of food and culture from around the globe, specially curated by the Pubbelly Restaurant Group, the culinary team who have reinvented the South Beach dining scenes. With new iPad menus, familiar favorites & unique additions you can travel without leaving the ship.

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

ELECTRONIC DEVICES

Fire prevention is always a priority on board, therefore we kindly ask our guest to unplug all electronic devices before leaving their stateroom. These devices could include but are not limited to cell phones, cameras, electric shavers, and hair dryers. Your stateroom attendant has been instructed to disconnect any electronic device that has been left unattended. We thank you for your understanding and compliance with this safety policy.

TODAY'S DINING OPTIONS

AFTERNOON

COMPLIMENTARY		
Garden Café Buffet	(Deck 16, Aft)	11:30a-1:45p
Land of the property		3:15p-5:00p
O'Sheehan's Bar & Grill	(Deck 7, Mid)	11:30a-1:45p
		3:15p-5:00p
Savor	(Deck 6, Aft)	11:30a-1:30p
Taste	(Deck 6, Aft)	11:30a-1:30p

CHARGE APPLIES

Doice Gelato	(Deck o, Alt)	12:00p-2:00p
Ina Consum Day 4	000 1 1 00 1 7 100	4:00p-5:00p
Ice Cream Bar *	O'Sheehan's (Deck 7, Mid)	11:00a-11:00p
Margaritaville (\$14.95) *	(Deck 17, Aft)	11:30a-2:00p
(Reservations are not required)		4:00p-5:00p
The Bake Shop *	(Deck 8, Aft)	12:00p-2:00p
		4:00n-5:00n

DINNER

COMPLIMENTARY

Garden Café Buffet	Prime Rib (Deck 16, Aft)	5:00p-9:30p
Garden Café Dinner Special	All American Buffet (Deck 16,	Aft) 5:00p-9:30p
Garden Café Snacks	(Deck 16, Aft)	9:30p-11:30p
Manhattan Room	(Deck 7, Aft)	5:00p-9:30p
O'Sheehan's Dinner Special	Prime Rib (Deck 7, Mid)	5:00p-9:30p
Savor	(Deck 6, Aft)	5:00p-9:30p
Taste	(Deck 6, Aft)	5:00p-10:00p

CHARGE APPLIES		
Bayamo *	Seafood (Deck 8, Mid)	5:00p-10:00p
Cagney's *	Steakhouse (Deck 8, Aft)	5:00p-10:00p
Food Republic *	(Deck 8, Fwd)	5:00p-10:00p
La Cucina *	Italian (Deck 8, Fwd)	5:00p-10:00p
Le Bistro*	French (Deck 6, Mid)	5:00p-10:00p
Moderno (\$29.95) *	Churrascaria (Deck 8, Aft)	5:00p-10:00p
Pincho *	Tapas Bar (Deck 8, Mid)	5:00p-10:00p
Teppanyaki (\$29.95) *	Japanese (Deck 6, Mid)	5:00p-10:00p

Please note that cover charges are per person and a 20% gratuity will be added to your check. Food Republic, Margaritaville and O'Sheehan's are on a first come first served basis and no reservations will be taken.

* Denotes a fee, cover charge or a la carte
** Weather Permitting

24/7

O'Sheehan's Bar & Grill Room Service Delivery *	(Deck 7, Mid) Dial 065	Always Open
Room Service Delivery	Diai 065	Always Open

^{*} Room Service Charge: \$7.95 convenience charge will be added to orders

GARDEN CAFÉ & O'SHEEHAN'S SPECIAL

Executive Chef Prejith and culinary team have prepared the best All American Buffet Night at Garden Café with a selection including mouthwatering Prime Rib and more. Also O'Sheehan's Bar & Grill is another perfect venue for Premium and Succulent Prime Rib.

Time: 5:00p-9:30p, Garden Café Buffet, Deck 16, Aft & O'Sheehan's Bar & Grill, Deck 7, Mid

GET THE GOOD TIMES GOING.

TONIGHT'S ENTERTAINMENT LINEUP

CHRIS BLACKMORE: COMEDY MAGICIAN

Chris Blackmore is a Comedy Magician who mixes magic and razor sharp improv to deliver a show that Amazes and Amuses audiences of all ages and nationalities. His effortless audience interaction and dry wit surprise audiences and will have you wanting more. Complimentary dinner is provided. To ensure that our guests receive our best service, we can only hold the reservations 10 minutes prior to the show, otherwise the unclaimed reservation will be released. Reservations are required. Book reservations through the Box Office, iTV or touchscreens. Video/audio recording or photography of the show is not permitted.

Time: 6:00p & 8:30p, The Supper Club, Deck 6, Fwd

WELCOME ABOARD VARIETY SHOW

Welcome aboard Norwegian Cruise Line's newest ship in New York where freestyle entertainment reigns supreme. Get acquainted with the Escape Theater - your home for live shows nightly. Tonight, we showcase song and dance in a sneak peek of our world class entertainment and what's to come this voyage. Get excited about your vacation experience with electrifying performances by The Levity Entertainment Group, The Choir of Man, After Midnight and more. Let your Cruise Director Scott show you how to make the most of your ultimate cruise experience. Reservations are not required. Time: 7:30p & 9:30, Escape Theater, Deck 7, Fwd

HOWL AT THE MOON DUELING PIANOS

Let out your inner rock star at the world's greatest rock 'n' roll dueling piano show. From 70s rock to hip hop, you say it, we play it. You must be 18 and over after 11:00p. Time: 8:30p-12:30a, Headliners, Deck 6, Mid

WELCOME ABOARD DANCE PARTY

Kick off your cruise and party like you're on vacation. Join your Assistant Cruise Director Jake, the Cruise Director's Staff and your Escape DJ for our welcome aboard dance party. Enter our fun prize raffle, grab your favorite drink and party the night away. Time: 10:00p, Skyline Bar, Deck 7, Mid

Reservations: All ticketed shows have seating on a first-come, first-served basis. All reservations will be released 10 minutes prior to the start of the performance. Video/Audio-taping or photography is prohibited in all performance venues. Doors open 30 minutes prior to show time. Don't forget the standby line 10 minutes before show time in all our venues.

ACTIVITIES FOR FAMILIES

GUPPIES NURSERY (6 MONTHS-UNDER 3)

The Guppies Program is for children aged 6 months to under 3 years old and includes 3 different options for parents. Parents can take advantage of the drop off services in the Guppies Nursery, play with their children in the Guppies Playroom, or attend hosted activities as a family. Please inquire with a Nursery Attendant for more information. Sign up on Deck 5, Fwd.

Time: 11:00a-1:45p & 3:00p-6:30p

SPLASH ACADEMY (KIDS 3-5, 6-9 & 10-12 YEARS)

Sign up your kids for our complimentary youth program where they can enjoy creative play, sports and more. From theme-night activities to cool parties, our youth staff has a knack for this stuff. Sign up on Deck 5, Mid.

Time: 11:00a-1:45p & 3:00p-6:45p

ENTOURAGE (TEENS 13-17 YEARS)

Run off and play while your teenagers hang out in a place filled with video games, movies, art, music, sports and more. It's all complimentary and supervised. By day, it's the coolest teen lounge at sea. At night, it turns into the best party on the ship. Sign up on Deck 17, Aft.

Time: 11:00a-1:45p & 3:00p-6:45p

SPECIAL EVENTS

MANDATORY LIFE BOAT DRILL: 2:30p

This is a mandatory drill and all services will cease at 2:00p. Please listen for announcements over the public address system. Life jackets are not required at the drill.

All Assembly Stations:

A - Escape Theater

B - O'Sheehan's Bar & Grill

C - Atrium/Guest Services

D - Casino

E - Taste & Savor

F - Manhattan Room

HOW TO CATCH A SHOW

It is highly recommended to select desired show times and make reservations in advance at the Supper Club (Deck 6, Fwd) and Box Office (Deck 7, Fwd), through ITV on your stateroom TV or by using any Digital Touchscreen. The Supper Club: 11:00a-1:45p Deck 6, Fwd

Box Office: 3:15p-5:00p, Deck 7, Fwd

SAIL AWAY CELEBRATION

Kick off your cruise vacation of a lifetime with your Cruise Director Scott and his team as they invite you to a high energy dance party. All ages are welcome. Time: 3:15p, Poolside, Deck 16, Mid

SOLO TRAVELERS MEET & GREET

Travelling alone? Meet other solo cruisers onboard during our relaxed singles mingle. Enjoy a tour of our Studio Lounge with your Solo's Host.

Time: 5:00p, Tobacco Road, Deck 8, Fwd

WELCOME ABOARD FAMILY PARTY

Join your Splash Academy team for this ultimate family party with balloons, fun games, music and more. An exciting event to start your cruise vacation with family and friends. It is guaranteed to be a good time for all! Time: 5:30p-6:15p, Skyline Bar, Deck 7 Aft

55 TO STAY ALIVE GAME SHOW

Watch your fellow cruisers compete in a series of quick and quirky challenges. They have less than a minute to win it, can they do it?

Time: 7:00p, Atrium, Deck 6, Mid

FAMILY KARAOKE MADNESS

Join your Cruise Staff, get the family together, pick your favorite song and show the world that you have star power. 10% Talent + 90% Courage = 100% Fun.

Time: 7:00p-11:30p, 5 o'Clock Somewhere, Deck 8, Fwd

MAJORITY RULES GAME SHOW

Join your Cruise Staff as they get everyone in the audience involved to see if you think like other people. There is no right or wrong answer, but it's the majority that rules. Get your teams ready for this fun and exciting game show. Time: 8:30p, Atrium, Deck 6, Mid

MUSIC EVERYWHERE

Party Music with Your Let's Groove 3:15p-4:00p, Skyline Bar, Deck 7, Aft Piano Favorites with JR 7:45p-8:30p, The District Brew House, Deck 8, Fwd Pop Hits with Let's Groove 9:00p-9:45p, Atrium, Deck 6, Mid

WHAT'S HAPPENING TODAY.

11:30a-12:45p

12:00p

1:00p

2:00p

2:30p

12:00p-1:45p

12:30p-Close

1:00p-1:45p

3:00p-4:00p

3:00p-5:30p

3:00p-5:30p

3:00p-6:30p

3:00p-6:45p

3:00p-6:45p

3:00p-8:00p

3:00p-8:00p

3:15p-4:00p

3:15p-5:00p

3:15p-5:00p

3:30p-7:00p

4:00p-6:00p

4:00p-10:00p

** Weather Permitting

* Denotes a fee for these activities

3:15p

4:00p

4:30p

4:30p

AFTERNOON

AFTERNOON (CONT'D)

NCAA: Duke vs Michigan State 4:55p O'Sheehan's \$500 Spa Credit Raffle 5:00p Mandara Spa 5:00p Solo Travelers Meet & Greet with Samuel Tobacco Road 5:00p-6:00p 6 Minutes Free Hair Loss Treatment Mandara Spa 5:00p-11:00p Marlboro Tobacco Buy Any 3 Get 1 Free Shops, Deck 8 5:15p Video Wall Trivia: Where in the World? Atrium 5:15p-6:00p Friends of Bill W. (boardroom) Seaview Room

Effy Jewelry Shop Grand Opening Event

How to Walk in Comfort and Relieve Pain

Welcome Aboard Family Party

Embarkation Story Book Special

DAY_1

SUNDAY MARCH 31

Shops, Deck 8

Skyline Bar

Photo Gallery

Mandara Spa

Deck 17, Aft

Supper Club

Shops, Deck 8

Skyline Bar

Photo Gallery

Photo Gallery

5 o'Clock Bar

5 o'Clock Bar

The District

The District

Skyline Bar

Supper Club

Shops, Deck 8

Headliners

The District

Skyline Bar

The District

Entourage

Skyline Bar

Deck 5, Mid

Skyline Bar

Atrium

Atrium

Casino

Casino

Theater

Atrium

Atrium

Atrium

Theater

Atrium

Atrium Skyline Bar

5:30p-6:15p

5:30p-10:00p

5:30p

5:45p

NIGHT	
After 6:00p	Jogging Track is Open **
6:00p	Chris Blackmore: Comedy Magician + ^ -
6:00p-6:45p	Paul Simon Tribute with JR
6:00p-9:00p	Complimentary Liquor Tasting
6:15p-7:00p	Latest Hits with Your Escape DJ
6:30p-10:00p	Embarkation Special: Light-Up Frame
7:00p	55 To Stay Alive Game Show
7:00p-7:45p	Latin, Jazz, and More with Funky Duo
7:00p-9:00p	Book Your Location Beach Photo Shoot
7:00p-11:30p	Family Karaoke Madness
7:15p	Friends of Dorothy (LGBTQ+) Gathering
7:30p	18-25 Year Olds Get Together (unhosted)
7:30p	Welcome Aboard Variety Show *
7:45p-8:15p	Chill Out Music with Let's Groove
7:45p-8:30p	Piano Favorites with JR
8:00p-8:45p	Top 40 Hits with Funky Duo
8:30p	Chris Blackmore: Comedy Magician + ^ -
8:30p	Majority Rules Game Show
8:30p	Gift Shop Welcome Aboard Raffle
8:30p-12:30a	Howl at the Moon Dueling Pianos
8:45p-9:30p	Sip and Sing Along with JR
9:00p-9:45p	Pop Hits with Let's Groove
9:00p-9:45p	Latin Party with Funky Duo
9:30p	Welcome Aboard Variety Show ^
9:45p-10:30p	You Call the Shots with JR
10:00p	The Ultimate Teen Battle (13-17 Years)
10:00p	Welcome Aboard Dance Party
10:00p-10:45p	Party Music with Let's Groove
10:30p-1:30a	Splash Academy: Late Night Fun Zone *
11:00p	Night Movie: The Commuter (PG13)
12:00a	Over \$1,000,000 Paradise Lotto Drawing
12:00a-Close	Late Night Party with your Escape DJ (18-

+ Complimentary dinner is provided, reservations are required.

CRUISING TOWARD A SUSTAINABLE FUTURE

To help reduce plastic waste in our oceans, Norwegian has eliminated the use of plastic straws on board and will no longer serve beverages with straws. Plastic waste is harmful to marine wildlife like sea turtles and whales. Norwegian is working to preserve our oceans for future generations through our Sail & Sustain program. Help us create a sustainable future and skip the straw with your next beverage.

WINE, DINNER AND MORE

Participate in a wine tasting or enjoy dinner with wine maker Antonio Hidalgo along with Andrea Robinson, Master Sommelier, television host and

Antonio and Andrea will host special events during this cruise. For more details please stop by The Cellars located on Deck 8 Mid. Space is limited.

MODALING

MOKNING	
All Day	Sports Court Open Free Play **
All Day	Giant Chess Set Is Open
Until 8:00p	Shuffleboard Open Play **
Until 10:00p	Mini Golf is Open **
Until-10:00p	Bocce Ball Available **
Until 10:00p	Ping Pong Open Play **
11:00a-1:30p	Cruise Lanyard Specials
11:00a-1:45p	Show Reservation Desk Open
11:00a-1:45p	Guppies Nursery Registration
11:00a-1:45p	Splash Academy Registration
11:00a-1:45p	Entourage Registration
11:00a-2:00p	Perspectives Welcome Package
11:00a-2:00p	Guess the Price of the Peter Max
11:00a-2:00p	Free Spa Tours and Massage Tasters
11:00a-2:00p	VIP Thermal Suite Tours
11:00a-2:00p	Fitness Class Pass Registration
11:00a-9:00p	Latitudes Registration with CruiseNext
11:00a-9:00p	Shore Excursion Reservations

Chill Out Music with Your Escape DJ

Video Concert: Born In The USA **

Cruise Norwegian App Help Desk

Cruise Norwegian App Help Desk

Guppies Nursery Registration

Splash Academy Registration

Party Music with Let's Groove

Show Reservation Desk Open

Pre-Registration Canvas By U! *

\$50 Off Selected Spa Treatments

Entourage Registration

Sail Away Celebration **

Ropes Course is Open **

Welcome Aboard Trivia

Gaming Lessons

Sail Away Music with your Escape DJ **

Complimentary Medi-Spa Consultations

Collect Your Free Welcome Aboard Art Pack

See Max & Christie For Your Free Charm

Guess the Price of Peter Max Contest

Family Charades with Cruise Staff

Welcome Aboard Rhythms with Funky Duo

Players Club Desk is Open

NCAA: Auburn vs Kentucky

Mandatory Life Boat Drill

Guided Ship Tour (public areas)

Sports Court Deck 18 Aft Deck 7, Fwd Deck 18, Aft Deck 18, Aft Deck 16, Fwd Headliners Supper Club Deck 5, Fwd Deck 5, Mid Deck 17, Aft Atrium Art Gallery Mandara Spa Mandara Spa Pulse Fitness Atrium

Atrium Skyline Bar

Poolside

Casino

Cagney's

Skyline Bar

O'Sheehan's

Internet Café

Mandara Spa

Deck 5, Fwd

Deck 17, Aft

Deck 5, Mid

Art Gallery

Skyline Bar

Deck 7, Fwd

Deck 7, Fwd

Deck 18, Aft

Atrium

Atrium

Atrium

Casino

Art Gallery

Poolside

Mandara Spa

All Areas

Poolside

Internet Café

Until Arrival

Overnight Slots *

^ Photography and video recording of this show is prohibited. - Latecomers unfortunately will not be allowed into the performance





Wi-Fi available bow to stern.

WELCOME BACK LATITUDES REWARDS MEMBERS

It is a pleasure to have you back onboard with us. Please refer to your Latitudes Welcome letter or Card delivered to your stateroom for a full list of your benefits. To sign up for the Behind-the-Scenes ship tour (Platinum and above) and Dinner with Officers (Platinum Plus and above), please come to see us at the CruiseNext desk in the Atrium by 9:00p tonight.

Time: 11:00a-9:00p (Closed during Drill)

CruiseNext Desk, Deck 6, Fwd

NORWEGIAN CRUISE LINE CREDIT CARD

Apply today for the Norwegian Cruise Line credit card and get a special Onboard Offer. Visit your CruiseNext Team in the Atrium for more information.

CLAIM YOUR FREE MONEY EARLY

Get \$500 free today when you purchase four \$250 CruiseNext future cruise deposits. Your deposits are good for sailings of 6 days or longer and are valid for 4 years. Your deposits can be used with other promotions and are transferable to friends & family. CruiseNext deposits can be used on casino rates too.

Time: 11:00a-9:00p (Closed during Drill)

CruiseNext Desk, Deck 6, Mid

ONBOARD SHOPS

Tax and duty free shops with the best price guarantee carry a large selection of different items, such as perfumes and cosmetics, liquor and tobacco, fine watches, jewelry and souvenirs. With two of the first boutiques at sea from Carolina Herrera and Lacoste. Deck 8, Mid

SHORE EXCURSIONS

Experience the beauty and magic of life under and above the Caribbean Sea or splash your way around at vibrant reefs or a gorgeous beach. Book your adventures now as the favorite tours sell out fast. Our dedicated Shore Excursion specialists are onboard to help you. Time: 11:00a-9:00p, Shore Excursions Desk, Deck 6, Fwd

PERSPECTIVES STUDIO

Get your welcome aboard brochure, pre-book your private photo session or start off the cruise with a sunset shoot as it's once in life time opportunity. Meet your friendly Portrait Artist during the opening hours. Every guest will be greeted with a glass of complimentary champagne. No sitting fee or obligation to purchase.

Time: 11:00a-2:00p & 5:00p-9:00p

Perspectives Studio, Atrium, Deck 6, Fwd

QUIET ZONES

The following areas are designated quiet zones onboard:

- The Waterfront, Deck 8
- Deck 19. Fwd
- Spice H2O, Deck 17, Aft, from 10:00a-6:00p (18+)

MOURS OF OPERATION

BAR SERVICES

Atrium Café, Deck 6, Mid	11:00a-11:00p
Garden Café, Deck 16, Aft	11:00a-11:00p
Headliners, Deck 6, Mid	7:00p-Close
Margaritaville, Chill Out Bar Deck 17, Aft	11:00a-5:00p
Mixx Bar, Deck 6, Aft	11:00a-3:00p
	5:00p-10:30p
O'Sheehan's Bar & Grill, Deck 7, Mid	11:00a-Close
Prime Meridian Bar, Deck 8, Aft	5:00p-11:00p
Skyline Bar, Deck 7, Aft	11:00a-Close
Spice H ₂ O Bar, Deck 17, Aft (18+) **	11:00a-Close
Spice H ₂ O Bar, Deck 17, Aft **	7:00p-Close
Sugarcane Mojito Bar, Deck 8, Mid	11:00a-12:00a
The District Brew House, Deck 8, Fwd	11:00a-12:00a
The Cellars Wine Bar, Deck 8, Mid	11:00a-11:00p
Tobacco Road, Deck 8, Fwd	11:00a-12:30a
Waves Pool Bar, Deck 16, Mid **	11:00a-8:00p
Waves Pool Bar, Deck 17, Mid **	11:00a-10:00p
5 o'Clock Somewhere, Deck 8, Fwd	8:00p-12:00a
5 o'Clock Somewhere, Waterfront, Deck 8, Fwd **	11:00a-12:30a

GUEST SERVICES

GUEST SERVICES	
Art Gallery, Deck 6, Mid	11:00a-2:00p
The The Market Control of the Contro	6:00p-10:00p
ATM, Escape Casino, Deck 7, Mid	Always Open
Box Office, Deck 7, Fwd	3:15p-5:00p
	Approx.4:30p-Close
CruiseNext Desk, Atrium, Deck 6, Fwd	11:00a-9:00p
Entourage Teen Lounge, Deck 17, Aft	8:00p-1:00a
Guest Services Desk, Deck 6, Mid (Dial 00)	Always Open
Guppies Nursery, Deck 5, Fwd (Dial 011) *	7:00p-10:50p
Hot Tubs, Deck 16, Mid **	11:30a-12:00a
Hot Tubs, Spice H2O, Deck 17, Aft **	11:30a-10:00p
Hot Tubs, Deck 19, Fwd **	11:30a-10:00p
iConnect Manager's Hours, Deck 6, Fwd	12:00p-2:00p
	3:00p-6:00p
	8:00p-10:00p
Kids Aqua Park, Deck 16, Mid **	11:30a-8:00p
Kids Red Water Slide, Deck 16, Mid **	11:30a-8:00p
Library, Deck 6, Fwd	5:00p-6:00p
Mandara Spa & Salon, Deck 16, Fwd (Dial 030)	11:00a-10:00p
Main Pools, Deck 16, Mid (adult only, 18+) **	11:30a-10:00p
Medical Center, Deck 13, Fwd	6:00p-7:30p
(Medical Services are subject to charge)	
Onboard Credit Desk, Deck 6, Mid	12:00p-5:00p
Perspectives Photo Studio, Deck 6, Fwd	
(Please call portrait artists # 23873 & # 23874 for ap	
Photo Gallery, Deck 8, Aft	5:00p-10:30p
Port Shopping Desk, Deck 6, Mid	4:00p-6:00p
Pulse Fitness Center, Deck 16, Fwd	11:00a-11:00p
Ropes Course, Deck 18, Aft **	3:30p-7:00p
Shore Excursions Desk, Deck 6, Fwd	11:00a-9:00p
Splash Academy, Deck 5, Mid (Dial 25404)	8:00p-10:30p
Splash Academy Late Night Kids Fun Zone, Deck 5,	
Sports Court, Deck 19, Aft **	All Day
Tax & Duty Free Boutiques, Deck 8, Mid	4:00p-11:00p
Video Arcade, Deck 17, Aft *	Always Open

All ship services will be closed at 2:00p for the mandatory life boat drill.

IN-STATEROOM PHONE RATE:

Call home from the comfort of your stateroom. Rate \$4.99/min

MANDARA SPA THERMAL SUITE

The Adult only Thermal Suite includes unlimited access to all the following: Heated Beds, Thalasso Therapy Pool, Sauna & Steam rooms, Salt Room and Snow Room. Cruise pass \$219 per person. Add Three Delicious Body Scrubs for \$27 and get One Free! Open daily from 8:00a-10:00p.Only 80 passes available! Visit the Mandara Spa before 2:00p, Deck 16. Fwd. or call 030 to reserve.

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. SAFETY EQUIPMENT: Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. MARPOL: The Discharge of all Garbage into the Sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board on the provided ENVIRMENTAL HOTLINE: You can report environmental incidents by dialing 1-877-501-5976; 1-305-436-4003, the ship Guest Services Desk at 00, or via email to environmental incidents by dialing 1-877-501-5976; 1-305-436-4003, the ship Guest Services Desk at 00, or via email to environmental incidents by dialing 1-877-501-5976; 1-305-436-4003, the ship Guest Services Desk at 00, or via email to environmental lincidents and the lincidents of the provident of the property of the sea of the provident of the

^{*} Denotes a fee for this program.

^{**} Weather Permitting