



BREAKFAST

***port day express breakfast**

*orange juice, “eggs” any style, hickory smoked bacon,
sausage, choice of bread / pastries*

done fast, done right, in and out in 25 minutes

FRESH PRESSED JUICE \$5

100% vegan, pressed to order

1. carrot, orange, lime, cayenne
2. pineapple, ginger, lime, dates, turmeric
3. kale, romaine lettuce, apple, lemon
4. pineapple, apple, beets, ginger
5. apple, kale, spinach, parsley

MORNING PASTRIES & GRIDDLE

danish - croissant

TOAST: white | whole wheat | rye | bagel | muffins
norlander bread | gluten free bread

JELLIES: strawberry | grape |
orange marmalade | guava | honey
sugar free jellies served on request

VANILLA FRENCH TOAST

maple butter, caramelized bananas

NS SHORT STACK PANCAKES

syrup, toasted pecans, salted caramel sauce

BUTTERMILK WAFFLES

caramel apple compote, syrup

FRUITS, JUICE & GRAIN

FRUITS

banana - seasonal melon

baked apples - stewed prunes

JUICES

orange - grapefruit - pineapple

apple - tomato - prune

BRULÉED GRAPEFRUIT

ginger sugar

^{NS} HOUSE-MADE GRANOLA

coconut chips, cinnamon, various nuts, honey

^{NS} OATMEAL

raisin, granny smith apples, toasted almonds

CEREALS *with 2% milk*

cinnamon toast crunch

cheerios

lucky charms

corn flakes

frosted flakes

low fat granola

froot loops

grits

YOGURT

plain - strawberry

banana - raspberry

blueberry

EGGS

*EGGS BENEDICT

poached eggs on toasted English muffins with smoked ham and hollandaise sauce

*BROKEN EGG SANDWICH

rustic panini, two fried eggs, bacon, cheddar, hash brown

*EGGS ANY STYLE

fried, scramble, soft or hard boiled

*OMELET

- | | | | |
|----------|------------|-----------|---------|
| • tomato | • mushroom | • cheddar | • ham |
| • onion | • spinach | • swiss | • bacon |
| • pepper | • arugula | • feta | |

FAVORITE CHOICE

Spanish omelet - roasted pepper & tomato salad

SIDE

chicken sausage

hash brown potatoes

hickory-smoked sliced bacon

pork link sausage

sliced ham

turkey bacon

LIGHTER FARE -----

^{NS} **YOGURT PARFAIT**

hand churned yogurt, berries, granola, dates, honey

^{NS} ***AVOCADO TOAST**

multi-grain bread, red pepper flakes, lemon, poached eggs

^{NS} ***BREAKFAST BOWL**

kale, spinach, farro wheat, sesame seeds, feta cheese, berries, sunny side up egg

EGG WHITE FRITTATA

broccoli, cheddar, rustic toast

***CORNED BEEF HASH**

crisp hash, 2 farm fried eggs, multigrain toast

***SMOKED SALMON**

cream cheese and toasted bagel

BEVERAGE

SPECIALTY COFFEE AND TEA

cappuccino...\$3.50

latte...\$3.50

espresso...\$2.50

"art of tea" selection... \$2.50

iced and hot teas

2% milk - skim milk

chocolate milk

regular coffee or decaffeinated

hot chocolate

Please inform your server if you have any food allergies



Contain nuts, seeds

* Public Health Advisory: consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, specially if you have certain medical conditions.

18% service charge will automatically be added to your order