

WELCOME TO PRINCESS CAYS!

FRIDAY, DECEMBER 23, 2022 | CARNIVAL SUNRISE

TONIGHT'S ATTIRE: CRUISE CASUAL

GUESTS ASHORE: APPROX. 8:00AM **GANGWAY:** DECK 0 FWD

LAST WATER SHUTTLE LEAVES PIER: 2:45PM

PORT EMERGENCY CONTACT - PRINCESS CAYS

In case of emergency, contact:

Janet Strachan

Phone contact 1-242-334-6327

cell: 1-242-426-7795

E-mail: pcl.islandmanager@gmail.com

ISLAND BEACH GAMES

What's better than a day on the beach? A party on the beach! Join your Fun Squad and DJ JAGO for great music, friendly competition and fun in the sun!

12:30pm	Lifeguard Run
1:00pm	Beach Musical Towels
1:30pm	Water Bucket Relay
2:00pm	Tug-of-War
	On The Island

FUN SQUAD GAMES: HOG'S WILD

A little strategy, a little luck and a whole lot of fun! Win our word game to move to the final round and see how high you can score. Don't get stuck in the "pig sty"!

2:30pm RedFrog Pub, 5 Aft

HIGH SEAS KARAOKE

Let's hit it, karaoke-lovers! Warm up your vocal chords, step onto the stage and get ready to wow the crowd as you're moved by the awesome music that inspires you.

5:00pm - 8:00pm RedFrog Pub, 5 Aft

HANUKKAH SERVICE

Join us for the lighting of the menorah and a special service in honor of the Jewish celebration of miracles.

5:30pm Sunrise Lobby, 3 Fwd

PLAYLIST PRODUCTIONS: SOULBOUND

Set to the greatest R&B hits of all time, our devious characters will haunt you with a sinister story of mischief, mayhem and dastardly deeds. Being bad never sounded so good!

7:00pm & 9:00pm Doors Open Liquid Lounge, 4 & 5 Fwd

7:30pm & 9:30pm Soulbound Liquid Lounge, 4 & 5 Fwd

THE PUNCHLINER COMEDY CLUB

When was the last time you had a good laugh? These performances will knock it out of the ballpark!

WILL MARFORI

"Prime Time" (PG) 8:00pm

AMY ASHTON

"Demurely Inappropriate" (R-18+) 9:00pm & 10:00pm
Limelight Lounge, 4 Mid

THE SHOWDOWN

The time has come to answer the age old question, "Who is the best?" Face off against fellow guests and bring your A-game, the other side fights dirty!

8:30pm RedFrog Pub, 5 Aft

'70S & MOTOWN MUSIC TRIVIA PARTY

Your Cruise Director, Tyler, has the best disco, funk, soul and Motown sounds to get this trivia party started where the only thing that matters is having a great time!

10:15pm Sunrise Lobby, 3 Fwd

WHAT'S HAPPENING

MORNING

7:00am	Early Morning Stretch	Fitness Center, 11 Fwd
7:00am	Water Shuttle Boarding Passes Available	Promenade, 5 Mid
7:30am	Fab Abs Class	Fitness Center, 11 Fwd
8:00am	Guests Ashore Approx.	
8:30am	Pathway to Yoga \$	Fitness Center, 11 Fwd

AFTERNOON

12:00pm	Movie: Minions: The Rise of Gru (PG)	Carnival Seaside Theater, 9 Mid
12:00pm	Seminar: Healing With Aromatherapy	Cloud 9 Spa, 11 Fwd
12:30pm	Lifeguard Run	On The Island
1:00pm	Beach Musical Towels	On The Island
1:30pm	Water Bucket Relay	On The Island
2:00pm	Trivia: Slogans	RedFrog Pub, 5 Aft
2:00pm	Tug-of-War	On The Island
2:15pm	Art Auction Registration	Piano Bar 88, 5 Aft
2:30pm	60/60 Art Auction	Piano Bar 88, 5 Aft
2:30pm	Fun Squad Games: Hog's Wild	RedFrog Pub, 5 Aft
2:45pm	Last Water Shuttle Leaves Pier	
3:00pm	Free Massage Taster	Cloud 9 Spa, 11 Fwd
3:00pm	Your Time: Friends of Bill W	Radiance Restaurant, 4 Fwd
3:30pm	Trivia: Mind Game	RedFrog Pub, 5 Aft
3:30pm	Your Time: Friends of Jimmy K	Radiance Restaurant, 4 Fwd
4:00pm	Fun Pamper Party (18+)	Cloud 9 Spa, 11 Fwd
4:00pm	Last Chance \$10 Sale	The Fun Shops, 5 Fwd
4:00pm	Trivia: Rock Tune	RedFrog Pub, 5 Aft
4:15pm	Free Charm Bracelet	The Fun Shops, 5 Fwd
4:30pm	Diamond & Gemstone Seminar	Piano Bar 88, 5 Aft
4:30pm	Free-Throw Challenge	SkyCourt, 11 Aft

EVENING

5:00pm	4 Free Wallet Photos	Pixels Gallery, 4 Fwd
5:00pm	High Seas Karaoke	RedFrog Pub, 5 Aft
5:00pm	Invicta Watch Sale	The Fun Shops, 5 Fwd
5:00pm	Love Your Lips	Cloud 9 Spa, 11 Fwd
5:00pm	ProPortraits Photo Ops	Photo Ops, 5 Fwd
5:00pm	ProPortraits Photo Ops	Photo Ops, 3 Fwd
5:00pm	Seminar: Burn Fat Fast	Fitness Center, 11 Fwd
5:15pm	Inch of Gold Sale	The Fun Shops, 5 Fwd
5:30pm	Hanukkah Service	Sunrise Lobby, 3 Fwd
6:00pm	Nahla Tanzanite Reveal	The Fun Shops - Eft, 5 Fwd
6:30pm	Guess the Weight	Promenade, 5 Mid
6:30pm	Happier Hour: Cognac Taste (21+)	Piano Bar 88, 5 Aft
7:00pm	\$29.99 & \$39.99 Fragrances	The Fun Shops, 5 Fwd
7:00pm	Hold'Em Players Meet (18+)	Sunrise Casino, 5 Mid
7:00pm	Last Chance Coupons and Maps	Shopping Expert Desk, 5 Fwd
7:00pm	ProPortraits Photo Ops	Photo Ops, 5 Fwd
7:00pm	ProPortraits Photo Ops	Photo Ops, 3 Fwd
7:00pm	Soulbound: Doors Open	Liquid Lounge, 4 & 5 Fwd
7:30pm	Movie: The Holiday (PG-13)	Carnival Seaside Theater, 9 Mid
7:30pm	Showtime: Soulbound	Liquid Lounge, 4 & 5 Fwd
8:00pm	Comedy: Will Marfori (PG)	Limelight Lounge, 4 Mid
8:15pm	Your Time: Singles Mixer	Alchemy Bar, 5 Aft
8:30pm	Philip Stein Wellness	The Fun Shops, 5 Fwd
8:30pm	The Showdown	RedFrog Pub, 5 Aft
9:00pm	Comedy: Amy Ashton (R-18+)	Limelight Lounge, 4 Mid
9:00pm	ProPortraits Photo Ops	Photo Ops, 5 Fwd
9:00pm	ProPortraits Photo Ops	Photo Ops, 3 Fwd
9:00pm	Soulbound: Doors Open	Liquid Lounge, 4 & 5 Fwd
9:30pm	Showtime: Soulbound	Liquid Lounge, 4 & 5 Fwd
10:00pm	Comedy: Amy Ashton (R-18+)	Limelight Lounge, 4 Mid
10:00pm	Crown Royal: 2 for \$60 (21+)	The Fun Shops, 5 Fwd
10:15pm	'70s & Motown Music Trivia Party	Sunrise Lobby, 3 Fwd
10:15pm	Your Time: LGBTQ+ Mixer	Alchemy Bar, 5 Aft
11:00pm	Lunar Match Game (18+) \$	Sunrise Casino, 5 Mid
12:00am	Movie: Bullet Train (R)	Carnival Seaside Theater, 9 Mid



DOWNLOAD THE CARNIVAL HUB APP TO SEE ALL ACTIVITIES FOR THE ENTIRE CRUISE.

Printed version is limited to schedule for one day and all activities may not be listed.

carnivalhubapp.com
No internet purchase required.



\$ Fees apply | Programming subject to change.

WELCOME TO PRINCESS CAYS!

FRIDAY, DECEMBER 23, 2022 | CARNIVAL SUNRISE

TONIGHT'S ATTIRE: CRUISE CASUAL

GUESTS ASHORE: APPROX. 8:00AM **GANGWAY:** DECK 0 FWD

LAST WATER SHUTTLE LEAVES PIER: 2:45PM

SHORE EXCURSIONS

Carnival Adventures Desk, 3 Fwd 3:30pm - 6:00pm

SHOPPING

Pixels Gallery, 4 Fwd 4:00pm - 10:30pm

Cherry On Top, 5 Fwd 4:00pm - 11:00pm

The Fun Shops, 5 Fwd 4:00pm - 11:30pm

Art Gallery, 2 Fwd 6:00pm - 9:00pm

Shopping Expert Desk, 5 Fwd 7:00pm - 9:00pm

SPA

Fitness Center, 11 Fwd 7:00am - 8:00pm

Cloud 9 Spa, 11 Fwd 8:00am - 10:00pm

CASINO

Sunrise Casino Slots, 5 Mid After Sail Away

Sunrise Casino Tables, 5 Mid After Sail Away - Late

SPORTS & GAMES

The Warehouse Arcade, 5 Mid 24 Hours

Mini Golf, 12 Aft 7:00am - 10:00pm

SportsSquare, 11 Aft 7:00am - 10:00pm

Ropes Course, 11 Aft 1:00pm - 5:00pm

FOOD

BREAKFAST

Continental Breakfast, Lido Marketplace, 9 Mid 6:30am - 7:00am

Bluelguana Cantina, 9 Mid 7:00am - 10:30am

Guy's Burger Breakfast, Guy's Burger Joint, 9 Mid 7:00am - 10:30am

Lido Marketplace, 9 Mid 7:00am - 10:30am

Omelette Station, Carnival Deli, 9 Mid 7:00am - 10:30am

Omelette Station, Lucky Bowl, 9 Mid 7:00am - 10:30am

Omelette Station, Seafood Shack, 9 Aft 7:00am - 10:30am

Breakfast, Sunshine Restaurant, 3 Aft 7:30am - 9:00am

Late Risers Buffet, Lido Marketplace, 9 Mid 7:30am - 11:30am

LUNCH

Island Lunch, On The Island 11:00am - 1:30pm

Pasta Bar, Cucina del Capitano, 10 Aft 12:00pm - 2:30pm

Bluelguana Cantina, 9 Mid 12:00pm - 3:30pm

Lido Marketplace, 9 Mid 12:00pm - 3:30pm

Lucky Bowl, 9 Mid 12:00pm - 3:30pm

Guy's Burger Joint, 9 Mid 12:00pm - 6:00pm

DINNER

Seafood Shack \$, 9 Aft 5:00pm - 10:00pm

Bonsai Sushi \$, 5 Mid 5:00pm - 12:00am

Your Time Dining, Sunshine Restaurant, 3 & 4 Aft 5:30pm - 9:00pm

Cucina del Capitano \$, 10 Aft 5:30pm - 9:30pm

Fahrenheit 555 Steakhouse \$, 4 Mid 5:30pm - 9:30pm

Early Dining, Radiance Restaurant, 3 & 4 Fwd 6:00pm

Lido Marketplace, 9 Mid 6:00pm - 9:30pm

Late Dining, Radiance Restaurant, 3 & 4 Fwd 8:15pm

HUNGRY FOR MORE?

Pizzeria del Capitano, 9 Aft 9:00am - 4:00 am

Carnival Deli, 9 Mid 11:00am - 11:00pm

Swirls Soft Serve and FroYo, Swirls, 9 Aft 11:00am - 12:00am

Pizza Plus, Pizzeria del Capitano, 9 Aft 11:30pm - 12:30am

DRINKS

JavaBlue Café, 4 Fwd 6:30am - 11:00pm

Coffee Bar, 9 Aft 7:00am - 11:00am

Sunrise Bar, 3 Fwd 8:00am - 11:45pm

RedFrog Rum Bar, 9 Mid 8:00am - 12:00am

Tides Pool Bar, 9 Aft 8:00am - 12:00am

Bluelguana Tequila Bar, 9 Mid 3:00pm - 7:00pm

Serenity Bar, 12 Fwd 3:00pm - 6:00pm

RedFrog Pub, 5 Aft 3:00pm - 11:45pm

Sunrise Casino Bar, 5 Mid 3:00pm - 2:00am

SkyBox Sports Bar, 5 Fwd 5:00pm - 11:30pm

Alchemy Bar, 5 Aft 5:00pm - 12:30am

\$ Fees apply | Programming subject to change.

MUSIC

ON THE ISLAND

Awesome Tracks with Your DJ

10:00am - 12:00pm

Awesome Tracks with DJ JAGO

12:00pm - 3:00pm

SUNRISE LOBBY, 3 Fwd

Caribbean Sounds with JamRock

6:15pm - 7:00pm

Caribbean Sounds with JamRock

7:15pm - 8:00pm

Caribbean Sounds with JamRock

8:15pm - 9:00pm

Caribbean Sounds with JamRock

9:15pm - 10:00pm

REDFROG PUB, 5 Aft

Latin Fiesta with Con Sabor

9:30pm - 10:15pm

Latin Fiesta with Con Sabor

10:30pm - 11:15pm

Latin Fiesta with Con Sabor

11:30pm - 12:15am

LIMELIGHT LOUNGE, 4 Mid

Party Like It's 1980 (18+)

11:00pm - 12:00am

Nightclub Hits with DJ JAGO (18+)

12:00am - Late



DOWNLOAD THE CARNIVAL HUB APP

- View all activities for the entire cruise.
- Save your favorites.
- View your account summary.
- Browse and book spa and shore excursions.
- Reserve specialty restaurants and view menus.
- Chat with friends and family (Fees apply).

- Put your phone in airplane mode and connect to Carnival WiFi.
- Scan QR code and follow the prompts to download from Google Play or App Stores free.

